

## Substances Signs and Symptoms

Substance	Slang/Alternative Names	Duration	Signs/Symptoms
Marijuana	Pot, Weed, Blunt, Bud, Grass, Herb, Reefer, dank, headies, higrade	2-5 Days*	<p><b>Physical:</b> Bloodshot eyes, fast heart rate, sleepy, lethargic, lack of coordination, increased appetite, dry mouth</p> <p><b>Behavioral:</b> Confusion, lack of focus, unusually talkative, misjudging time, secretiveness, paranoia, anxiety</p>
Alcohol	Beer, Booze, Hooch, Liquor, Wine	1 hour, to 10-12 hours	<p><b>Physical:</b> Breath smells like alcohol, enlarged pupils, nausea and vomiting, loss of balance, inability to walk straight, slurred or loud speech, fast heartbeats while slow breathing, blackouts or seizures, memory loss</p> <p><b>Behavioral:</b> Rapid changing moods, risky behavior such as driving or unprotected sexual activity, stupor, severe confusion, unpredictable behavior, inability to stop drinking once started</p>
Opiates, also in prescription form (narcotics) such as codeine, morphine, fentanyl, carfentanyl, Percocet and tramadol.	<p><u>Heroin</u>, Opium: China, Dreams, Laudanum, H, Downtown Montega, China White, China, Dope</p> <p>Prescription opiates: happy pills, hillbilly heroin, OC, Oxy, Percs, Vikes, Erks, OX, Cotton, Ops, Kickers</p>	1-2 Days	<p><b>Physical:</b> Dry mouth, flush skin, nodding off, itching, nausea and vomiting, tiny pupils, sleepy eyes, slow breathing, slurred speech</p> <p><b>Behavioral:</b> Confusion, lack of awareness, neglect of grooming, failure to eat, covering arms with long sleeves, anxiety, mood swings</p>
Amphetamines, also in prescription form as ADHD and narcolepsy medicine	Biphetamine, Black Beauties, Crosses, Dexedrine, Hearts, Adderall, Candy Addys	1-2 Days	<p><b>Physical:</b> increased body temperature, dry mouth, faster breathing, dilated/big pupils, increased energy and alertness, decrease in fatigue, decrease in appetite, development of skin disorders</p> <p><b>Behavioral:</b> hostility, paranoia, aggressiveness, poor memory recollection, depression, psychosis, change in sex drive</p>
Anabolic Steroids	Stanozolol, Nandrolene, Roids, Juice	Oral 3 Weeks, Injected 3-6 Months	<u>Women:</u> can lead to increased body hair, menstrual irregularities, deepening of voice

<b>Anabolic Steroids</b>	Stanazolol, Nandrolene, Roids, Juice	Oral 3 Weeks, Injected 3-6 Months	<u>Men</u> : can lead to shrinking of testicles, growth of breast tissue, potential infertility In both sexes, can lead to increased cholesterol, elevated blood pressure, chance of diabetes, rapid mood swings, extra acne, accelerate balding  Withdrawal can cause anxiety, concentration problems, pain, headaches, depressive-like symptoms, lowered libido
<b>Barbiturates</b>	Amytal, Nembutal, Seconal, Phenobarbital; Barbs, Luminal,	2-3 Days	Physical: Slow and shallow breathing, poor coordinator, extreme sleepiness, coma, slow talking, lethargy, stumbling/staggering  Behavioral: difficulty thinking, poor judgment, confusion, mood swings
<b>Benzodiazepines</b>	Librium, Rohypnol, Valium, Roofies, Tranks, Xanax, Klonopin, Alprazolam , Benzo, Blackout city, Zanies	Most 2-3 Days, Some 4-8 Days	Physical: Weakness, blurred vision, drowsiness, slurred speech, poor coordination, difficulty breathing, dizziness  Behavioral: Poor judgment or thinking, mood swings, risk taking behavior, confusion
<b>Cocaine</b>	Candy, Coke, Crack, Flake, Rocks, Snow, Whitecoat, Yayyo  Note: crack cocaine shares many symptoms but is smoked instead of snorted.	1-2 Days	Physical: dilated pupils, runny nose (snorting), nosebleeds (snorting), white powder around nostrils(snorting), fast heart rate, talkative, burns on lips/fingers(smoking), hyperactivity, muscle tics,  Behavioral: hyper-focused, easily agitated, frequent trips out of room, euphoria, antisocial behavior, paranoia, aggressiveness, mania-like symptoms
<b>Codeine</b>	Tylenol w/codeine, Robitussin A-C, Lean, Sizzurp, Crunk Juice	1-2 Days	See Opiates
<b>GHB</b>	Grievous Bodily Harm, G, Liquid X, Date Rape Drug, Roofies	1-2 Days	Physical: Dizziness, difficulty breathing, coma, sweating, vomiting, nausea, uncontrolled body movements varying from flailing to flinging self around  Behavioral: Amnesia, euphoric, reduced inhibitions, dream-like state
<b>Inhalants</b>	Poppers, laughing gas, spray paints, glue, solvents, aerosols, medical gases, Airblast, Bullet, Buzz bomb, Highball, Chroming, Whippets	Few Hours	Physical: Slurred speech, jerky reactions, general loss of motor control, nausea, vomiting, dilated pupils, sedated, odd chemical smell around user, loss of appetite, rash or marking around mouth or nose  Behavioral: drunk-like state, inability to focus, disoriented, dissociation

<b>Ketamine</b>	<b>K, Kit Kat, Special K, Vitamin K</b>	<b>2-4 Days</b>	<p><b>Physical:</b> hallucinations, reduced physical sensations, temporary paralysis, difficulty breathing, loss of motor control, exaggerated movements, slurred speech, nausea, vomiting, dilated pupils</p> <p><b>Behavioral:</b> euphoria, terror, confusion, disorientation, dissociation, depression, mood swings, memory impairment, unusual mellowness</p>
<b>LSD</b>	<b>Acid, Blotter, Microdot, Yellow Sunshine</b>	<b>A Few Hours to 5 Days</b>	<p><b>Physical:</b> Increased sweating, dizziness, insomnia, lower appetite, seizures, tremors, dilated pupils, dry mouth or salivation, weakness, rapid heart rate, increase body temperature</p> <p><b>Behavioral:</b> Impulsive behavior, rapid mood swings, altered perception, hallucinations, no attempt at hiding altered state</p> <p><b>In event of negative psychological experiences (“bad trip”):</b> extreme panic, anxiety, paranoia, violent and reckless behaviors, suicidal thoughts, delusions, disorientation</p>
<b>MDMA (Ecstasy)</b>	<b>Molly, E</b>	<b>1-5 Days</b>	<p><b>Physical:</b> high level of stimulation, unusually energetic, abnormally friendly, overly sensitive to lights and sound, exaggerated reactions to touch, nausea, chills, sweating, dilated pupils, clenched jaw, overheating</p> <p><b>Behavioral:</b> irregular sleeping schedule, lack of awareness of pain, multiple sexual partners, lack of inhibitions, loss of time awareness</p>
<b>Methadone</b>	<b>Jungle Juice, Juice, Junkm, Metho, Dollies</b>	<b>1-7 Days</b>	<b>See Opiates</b>
<b>Methamphetamines</b>	<b>Crank, Crystal, Desoxyn, Glass, Ice, Speed, Meth, Tina</b>	<b>2-4 Days</b>	<p><b>Physical:</b> dilated pupils, sweating, overheating, teeth turning brown and rotten after prolonged use, tremors, jaw clenching</p> <p><b>Behavioral:</b> lack of sleeping or eating, unusually active, nervous/anxiety, mania, obsessive focus on repetitive actions</p>
<b>Methaqualone</b>	<b>Ludes, Quaaludes, Mandrax, Lemons</b>	<b>10-15 Days</b>	<p><b>Physical:</b> Drowsiness, slowed breathing, increased libido, numbness in fingers/toes, slurred speech, sensitivity to light</p> <p><b>Behavioral:</b> Memory loss, sedate demeanor</p>

Nicotine	Cigarettes, Cigars, Tobacco, Nicotine Gum, Patch	1-2 Days	
PCP	Angel Dust, Boat, Hog, Love Boat, Wet (dipped cigarette/joint)	1-8 Days	Physical: reduced sensitivity to pain, slurred speech, blank stare, amnesia, numbness
Embalmng Fluid			Behavioral: Euphoria, feeling of super strength, apathy, feeling of invulnerability, hallucinations

The length of time any illicit or prescribe drug stays in your system will vary. In large part, it depends on your physiological makeup: your physical height, weight, amount of body fat, age, current state of health, whether or not you exercise mildly, aggressively or at all. Whether or not you are undergoing any degree of stress (i.e, your “state of mind”) at the time you ingest drugs can also play a part in how long drugs stay in your system.

Other considerations include your **frequency** of use, the **quantity** (amount) of the drug used, and the **length of time** of your consistent drug-use prior to your drug test. Even the **quality** (potency) of the drug you ingest determines how long the drug will stay in your system and will be detectable when your urine is analyzed (tested) at the lab. However, the information below can be used to estimate the *approximate length of time* specific drugs will be detectable in your body.

**\* NOTE: For chronic drug users, drugs (other than alcohol) can be retained in the system much longer after their last use. For instance, marijuana and PCP stay in your system and can be detected for up to 30+ days after lengthy periods of heavy use.**

Sources:

OHS Health & Safety Services Inc.

<https://drugabuse.com/library/drugs-a-z/>

<http://www.narconon.org/drug-abuse/signs-symptoms-of-drug-abuse.html>

<https://www.niaaa.nih.gov/>