

For Families and Communities:

Substance Use Disorder 101

- The Cost of Substance Use to Society
- What is Addiction?
- The Five Stages in the Cycle of Addiction
- Understanding the Risk Factors of Addiction
- Marijuana, Alcohol and the Developing Brain
- Mental Illness and Self-Medicating

Signs and Symptoms of Substance Misuse

- Classifications of Substances
- Types of Depressants
- Types of Stimulants
- Types Hallucinogens
- In-Depth look at Cannabis
- Signs and Symptoms of Drug Use

Addiction is a Family Disease

- Emotional, Behavioral, and Physical Impact of Substance Use on the Family Unit
- The Stigma of Addiction
- Family Roles within the Family Unit
- Unspoken Rules of an Addicted Family Unit
- How to be a Part of the Solution
- Mental Illness and Self-Medicating

Communicating with Adolescents

- Influencing Adolescent Behaviors
- Natural Consequences
- What is CRAFT?
- Effective Communication skills
- How to Talk to Your Child About Drugs
- What if I Suspect my Child is Using a Substance?

Treatment Options, Relapse and Recovery

- Description of Traditional Models of Treatment for Substance Use Disorder
- Aftercare options
- Relapse is a Reality, Not a Requirement
- Recovery Happens

Opioid Use Disorder

- What is Addiction?
- Adolescent Risk Factors

- The Progression of a Narcotic
- Why Opioid Dependence is so Difficult to Overcome
- What are Opioids?

Adolescent Drug Use

- What is Addiction?
- Dependence vs. Addiction
- Why Teen Drug Use Matters
- Classification of Substances
- Signs and Symptoms of Use
- Positive and Negative Reinforcement
- Marijuana, Alcohol and the Developing Brain
- Teaching Accountability

Advocating for Your Loved One: Addiction and the Criminal Justice System

- Incarceration Trends
- Navigating the Criminal Justice System
- Treatment Options
- How and When to Advocate

Clearing the Air About Vaping, JUULING, Marijuana and Other Substances

- What is Addiction?
- How Does Nicotine Affect the Brain?
- Addiction Risk Factors
- Vaping Trends
- Potentially Harmful Chemicals
- What is JUULing?
- How to Talk to Your Kids About Vaping

School District and University Trainings:

DFWPA offers customized trainings for school districts and universities. Content is tailored to the needs of the audience and may include (but is not limited to) the following:

- National and State Overdose Death Statistics
- Substance Use Disorder 101
- Drug Classifications, Current Trends, and Signs and Symptoms of Drug Use
- Vaping and JUULing
- Risky Behaviors
- The Mental Health Component of Substance Use
- Panel Discussion Featuring Families and Young Adults in Recovery

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